



TEXAS
Department of Family
and Protective Services

Faith-Based & Community Engagement



Help Prevent Child Abuse

Nurture your child

- Make sure your child knows you love them even if they did something wrong.
- Ask for your child's opinion and ideas. What makes a good friend? Where is a place you would want to travel someday?

Help families under stress

- Offer to babysit.
- Help a family member or friend with chores, errands, or lend a listening ear.

Know where to get help

- Don't feel like you have to "do it all." Let your friends, family, or neighbors help. Don't be afraid to ask for help. We all need help sometimes.
- Visit **GetParentingTips.org** for resources and information. Share the information with a friend who might need help.



Protect your child

- Listen to your child if they say they don't feel comfortable around someone.
- Tell your child to say "no" and "get away," and to tell you right away if anyone tries to touch or hurt them.
- Abusers often tell their victims to keep what they do a "secret." Teach your child the difference between a good secret, like a surprise party, and a bad secret, like something that makes them feel bad or uncomfortable. Make sure your child understands that it's OK to tell you "bad secrets."

Get involved!

- Help protect vulnerable children and families in your community.
- We need **volunteers and community partners** like you to donate time and energy to make a difference in the lives of families who need it most.



**Scan to find out how
you can help today!**
dfpscommunity.org