



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

**TRANSITIONAL LIVING SERVICES** PROVIDE A MULTIPURPOSE, SYSTEMIC AND INTEGRATED APPROACH FOR YOUTH AND YOUNG ADULTS TO HELP IN TRANSITIONING TO A SUCCESSFUL ADULTHOOD THROUGH COORDINATED PERMANENCY AND TRANSITION PLANNING. THE PROVISION OF **TRANSITIONAL LIVING SERVICES** INCLUDES ACCESS TO INFORMATION ABOUT BENEFITS, SUPPORTS, AND RESOURCES THAT AFFECT BOTH OLDER YOUTH IN FOSTER CARE AND THOSE WHO HAVE AGED OUT OF FOSTER CARE. **TRANSITIONAL LIVING SERVICES** APPLY TO YOUTH AND YOUNG ADULT'S AGES 14 UP TO AGE 23 (DEPENDENT ON THE PROGRAM) AND UP TO AGE 26 FOR CONTINUOUS HEALTHCARE COVERAGE.

### Experiential Life Skills Training

Foster parents and other providers are required to train youth age **14** and older in life skills through practical activities such as meal preparation, nutrition education and cooking, use of public transportation when appropriate, financial literacy training to include money management, credit history, balancing a checkbook and performing basic household tasks. If a youth has a source of income the provider will assist in establishing a savings account for the youth. In addition, foster parents and providers must connect youth and young adults to community resources such as post-secondary education; employment; and vocational/technical school opportunities. These life skills activities provided by the caregiver along with the receipt of PAL services should complement one another and are discussed and addressed in each core life skill area within the youth's plan of service and transition plan. [6200 Case Planning for Positive Permanency](#)  
[24-Hour Residential Child Care Requirements](#) See section 4500 Basic Life Skills and Social Skills

### ACCESS Granted-Texas Foster Care Handbook

This handbook helps children and youth in foster care to better understand how the foster care system works and to address many of the questions and concerns they have regarding foster care. It provides information in an understandable manner on topics such as the CPS chain of command, the rights of children/youth while in foster care, health passport, the education portfolio, transition plans and Transitional Living Services. [Texas Foster Care Handbook Resource Guide May 2024](#)

### Planning for a Youth's Transition to a Successful Adulthood

By participating in reviews of the Child's Plan of Service, and by participating in permanency planning meetings such as Circles of Support and permanency conferences, youth help in the development of their service plans. The Child's Plan of Service identifies steps, connections, and services for each youth that help them accomplish goals to assist them in obtaining positive permanency and in transitioning to a successful adulthood. Identifying caring adults for youth and involving them in service planning helps to ensure personal and community connections are incorporated into the service planning process. Planning for the transition to a successful adulthood continues to be conducted for those young adults in the Extended Foster Care program. [6200 Case Planning for Positive Permanency](#)

### Circle of Support (COS)

A COS is a youth driven process beginning at **age 14** and may take the place of the required permanency planning meetings as a means of developing a transition plan. The COS is facilitated by a Family Group Decision Making Specialist. The COS is coordinated with participants that a youth identifies as "caring adults" who make up their support system. COS participants can include a youth's birth family members, foster care providers, teachers, church members, mentor and so on. Participants meet to develop and review the youth's permanency and transition plan, identify strengths, goals and needs in the areas of permanency, education, employment, health/mental health needs, housing, and PAL life skills training components. [https://www.dfps.texas.gov/handbooks/CPS/Files/CPS\\_pg\\_1120.asp#CPS\\_1121\\_23](https://www.dfps.texas.gov/handbooks/CPS/Files/CPS_pg_1120.asp#CPS_1121_23)

### OTHER INFORMATION-Under 18

**FOSTER CARE OMBUDSMAN-(1-844-286-0769)** is an HHSC position that will investigate complaints and possible rights violations of children and youth in foster care under age 18. The Ombudsman ensures that youth understand their rights while in foster care; reviews a youth's concerns about case specific questions and complaints; and with a youth's permission work with other people to improve their care. Complaints are kept confidential without threat of retaliation. [hhs.texas.gov/foster-care-help](https://hhs.texas.gov/foster-care-help)

### Medical Consent

A youth in foster care who is at least **16** years old may consent to receiving medical care if the court with continuing jurisdiction determines that the youth has the capacity to consent to medical care. Caregivers are required to advise youth of their right to request to become their own medical consenters. For more information see the Resource Guide here: [https://www.dfps.texas.gov/handbooks/CPS/Resource\\_Guides/Medical\\_Consent\\_Resource\\_Guide.pdf](https://www.dfps.texas.gov/handbooks/CPS/Resource_Guides/Medical_Consent_Resource_Guide.pdf)



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

### Driver License or State Identification Card Fee Waiver

Driver license and State Identification Card fees are waived for youth in DFPS temporary or permanent managing conservatorship and for young adults at least **18** years of age, but younger than age **21**, who reside in a DFPS **paid** foster care placement.

[Personal Documents Resource Guide October 2024](#)

[Youth or Young Adult in Foster Care Driver License Fact Sheet](#)

[Youth or Young Adult in Foster Care Identification Card Fact Sheet](#)

### Driver Education Funding Program

The Driver Education Funding program provided by the Texas Workforce Commission (TWC) will pay for driver education classes for people who qualify, helping them learn how to drive and get a driver's license. The program will cover all the costs for training and related fees.

Youth are eligible for free driver education if they meet one of the following criteria:

- younger than 18 years old and residing in foster care now
- at least 18 years old, but younger than 21, in foster care being paid for by the Department of Family and Protective Services
- experienced dating violence, or you are a child of someone who experienced dating violence
- experienced family violence, or you are a child of someone who experienced family violence
- You are younger than 26 years old and aged out of the Texas Foster Care system or have experienced homelessness
- You are younger than 26 years old and have experienced or are experiencing homelessness

Additional information about the program and how to apply

[Driver Education Funding Program - Texas Workforce Commission](#)

### Credit Reports

Every youth in the conservatorship of DFPS age **14** up to age **18** are informed that a credit report is run annually, until discharged from DFPS care. In addition to ensuring that the youth is notified that a report was run, the caseworker will explain the credit report and the importance of maintaining good credit. A young adult in Extended Foster care requests their own report at <https://www.annualcreditreport.com/index.action>.

[Personal Documents Resource Guide October 2024](#)

### Provision of Personal Documents/Records-Ages 16 and 18

Age **16**-Youth in DFPS conservatorship on or before they turn age 16 must be provided with a copy or original document of a:

- birth certificate; and
- Social Security card or replacement Social Security card, as appropriate; and
- Personal identification certificate/card issued by the Texas Department of Public Safety (DPS).

Age **18**-Young Adults who age out DFPS foster care will receive either a copy or original personal documents (if not already provided) and other information. These include:

- A birth certificate;
- A Social Security card or a replacement Social Security card;
- A personal state identification certificate/card issued by DPS;
- Immunization records;
- Information contained in the youth's health passport;
- Proof of enrollment in Medicaid, if appropriate;
- Medical Power of Attorney Information-Forms 2559 A and B
- *Almost 18 Letter*; and
- Youth Transition Portfolio

[Personal Documents Resource Guide October 2024](#)

A young adult may request copies of these documents and other personal CPS records from *DFPS Records Management*.

Information on how to make record requests is at: [DFPS - Requesting a Copy of a DFPS Case Record](#)



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

### Preparation for Adult Living (PAL) Program

The PAL program assists older youth in foster care prepare for their departure and transition to a successful adulthood. Supportive services and benefits are provided by PAL Staff or PAL Contract Providers to eligible young adults up to age 21 to become self-sufficient and productive. PAL is funded by the *federal Chafee Foster Care Independence Program*, State general revenue funds and/or community match (20%).

[10200 Preparation for Adult Living \(PAL\)](#)

PAL services include:

- **Life skills assessment** (Casey Life Skills Assessment) to assess strength and needs in life skills attainment [www.caseylifeskills.org](#) (assessments are conducted before Life skills training);
- **Life skills training** (age 16 to 18) in the following core areas:
  - Health and Safety;
  - Housing and Transportation;
  - Job Readiness;
  - Financial Management;
  - Life Decisions/Responsibility;
  - Personal/Social Relationships
  - Educational/vocational services
- **Supportive services** (based on need and funding availability) may include:
  - graduation items,
  - counseling,
  - tutoring,
  - driver's education fees, or
  - mentoring.
- A **transitional living allowance** of up to \$1,000 is distributed in increments of up to \$500 per month, for young adults up to age 21 who participated in PAL training, to help with initial start-up costs in adult living.
- **Transitional & Financial Support Services** to help young adults with self-sufficiency, planning, and resource coordination in supporting successful transitions to adulthood. Services include pre-transitional support services prior to aging out, and transitional support services after a young adult has aged out and left care.
- **Aftercare room and board assistance** (ages 18-21) is based on need of up to \$500 per month for rent, utilities, utility deposits, food, etc. (not to exceed \$3,000 of accumulated payments per young adult).

\*\*\*Contact Regional DFPS PAL Staff or SSCC equivalent for more information about all Transitional Living Services at:

[DFPS - Regional Lead Preparation for Adult Living \(PAL\) Staff](#)

### Activities and Events for youth and young adults

- **PAL Experiential Camp**-A camp held annually for youth (when a contractor is available) aimed at increasing self-esteem, improving communication skills, problem-solving and having fun.
- **PAL Statewide Teen Conference**-An annual three-day conference held in conjunction with Texas Woman's University, offering workshops for youth that lead to self-sufficiency and independence.
- **PAL College Conferences**-Texas A&M San Antonio and Austin Community College each host an annual two day conference for youth to learn about and prepare for higher education opportunities to include vocational programs.
- **Aging-Out Seminars** -Regions provide seminars to youth at age 17 before they leave care. Seminars include topics identified by youth to reinforce their knowledge and skills about DFPS programs, benefits, resources and other life skills such as nutrition and information about human trafficking. These seminars build on information from PAL Life Skills Training classes.
- **Regional conferences or events**- Regions provide teen conferences and other age-appropriate activities and events such as college conferences, back to school events, prom events, graduation celebrations, or holiday celebrations.
- **Regional Youth Leadership Councils (YLC) or Youth Advisory Boards**- Benefits of youth participation in a YLC include:
  - Opportunities for Community Services and Outreach projects to support foster youth;
  - Advocacy training to ensure the voices of foster youth are heard and incorporated into policy and practice;
  - Leadership building skills;
  - Planning and facilitating events;
  - Learn how to strategically share their story; and
  - Developing supportive friendships/caring adults



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

### Extended Foster Care Program

With the implementation of the federal **Fostering Connections Act** (*Title IV-E of the Social Security Act*), a young adult who ages out of foster care at age 18 is eligible for Extended Foster Care provided there is an available placement, the young adult signs a voluntary extended foster care agreement and meets at least one of the following conditions:

18 up to 22 year olds, and:

- regularly attending high school or enrolled in a program leading toward a high school diploma or school equivalence certificate (GED); or is

18 up to 21 years old and:

- regularly attending an institution of higher education or a post-secondary vocational or technical program (minimum six hours per semester); or
- actively participating in a program or activity that promotes, or removes barriers to employment;
- employed for at least 80 hours per month; or
- incapable of doing any of the above due to a documented medical condition.

**For more information about Extended Foster Care Go to:**

[10400 Extended Foster Care for Youth Who Are Age 18 or Older](#)

### Supervised Independent Living (SIL) Program

The SIL program is a component of the Extended Foster Care program and allows young adults to live independently under a minimally supervised living arrangement provided by a DFPS contracted provider. A young adult in SIL is not supervised 24-hours a day and is allowed increased responsibilities, such as managing their own finances, buying groceries/personal items, and working with a landlord. Living arrangements may include apartments, non-college and college dorm settings, shared housing and host home settings. Individuals are assisted in transitioning to independent living, achieving identified education and employment goals, accessing community resources, engaging in needed life skills trainings, and establishing important relationships. Young adults must apply for and be accepted into the SIL program.

**For more information about SIL go to:**

[Supervised Independent Living \(SIL\) Contracted Providers](#)

### Return for the Extended Foster Care Program

Young adults who aged out of DFPS conservatorship may return at any time up until the age of 21 to participate in the Extended Foster Care Program if the required stipulations are met:

- Is offered an available placement;
- Understand that court jurisdiction will be extended, if the court permits;
- Sign or re-sign a Voluntary Extended Foster Care agreement; and
- Agrees to meet one of the criteria described in the Extended Foster Care program within 30 days of being placed.

PAL staff pre-screen young adults who want to return for Extended Foster Care and refer to the regional re-entry staff.

### Regional Re-entry Staff Contact List

[DFPS - Re-entry Liaisons for Extended Foster Care](#)

## OTHER RELATED INFORMATION

### Trial Independence Period (TI)

A young adult in DFPS conservatorship who turns 18 as well as a young adult enrolled in the Extended Foster Care Program may leave foster care for a "trial independence" period of 12 months (or other period specified by a court order). During the TI period, the young adult may be living independently and receiving other transitional living benefits such as PAL, ETV, and Texas Medicaid.

[10500 Trial Independence and Return for Extended Foster Care](#)

### Extended Court Jurisdiction

Young adults that leave foster care at age 18 for a TI period will have court jurisdiction extended for 12 months. If a young adult is in Extended Foster Care, court jurisdiction will continue during this period but will not exceed the month of their 21<sup>st</sup> birthday.

[5600 Extended Court Jurisdiction When a Youth Turns 18](#)



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

### Housing Plan

DFPS PAL staff or SSCC equivalent must complete Form 4138 Housing Plan with youth on their PAL workload within 90 days of a youth turning 17 years old or within 30 days of a youth coming into foster care if the youth is already 17. PAL staff document the meeting with the youth in IMPACT.

PAL staff must send the completed Housing Plan to the youth's assigned caseworker and supervisor within three days of completion. The caseworker must incorporate the *Housing Action Plan Summary and Next Steps* section of Form 2138 into the *Housing Transition to Adulthood* section of the Child's Plan of Service. The caseworker must follow up with the youth about their housing plans during monthly visits, permanency planning meetings, and Child's Plan of Service reviews.

[10000 Services to Older Youth in Care; 10100 Overview of Transitional Living Services](#)

### POST-SECONDARY EDUCATION INFORMATION

#### Education and Training Voucher (ETV) Program

ETV (Chafee) is a *federally funded* program administered by DFPS. Based on the cost of attendance as established by higher education, youth and young adult's ages 16 up to the age of 23 may be eligible to receive up to \$5,000 in financial assistance per year to help them reach their postsecondary education goals providing they are eligible for ETV and meet the criteria:

- Have a high school diploma or GED or be exempt from required school attendance; or
- The student is enrolled in a dual-credit course or other course at an institution of higher education for which the student will earn a high school diploma and college credit.

#### **Individuals eligible for ETV include:**

- Youth in DFPS foster care who are at least **16** and likely to remain in care until **18**, or are in extended foster care; or
- Youth who aged out of DFPS foster care but have not yet turned **23**; or
- Youth who were adopted from DFPS foster care after turning age **16** and are not yet **23**; or
- Youth who enter Permanency Care Assistance after turning age **16** and are not yet age **23**; or
- Youth who are in the custody of the Texas Juvenile Justice Department (formerly TJJC) or under the jurisdiction of a local juvenile probation department and were receiving Title IV-E foster care payments the day before turning age **18** and who are not yet age **23**; or
- Tribal youth or young adults in tribal foster care and who are not yet age **25**; or
- The above eligible students who move out of state to attend school and were originally enrolled in ETV in Texas and who are not yet age **23**.
- The above eligible students cannot receive ETV funds for more than **5** years (whether or not consecutive). Texas defines **5** years as **15** semesters.

**ETV program participation requirements**-Students must apply for and be approved for ETV, meet school enrollment requirements, and be enrolled in at least 6 semester hours in an *accredited or pre-accredited* public or private, non-profit program/institution that:

- provides a bachelor's degree or not less than a 2-year program that provides credit towards a degree or certification; or
- provides not less than a one-year program of training to prepare students for gainful employment; or
- has been in existence for two years and offers training programs to prepare students for gainful employment in a recognized occupation (training may be less than one year).

Students - remain eligible until the month of their 23<sup>rd</sup> birthday as long as they are enrolled in ETV and are meeting the satisfactory academic progress policies toward completing their postsecondary education or training program as determined by the institution of higher education.

Students interested in specific educational programs through *Correspondence Courses*, *Distance Education Courses*, or *Continuing Education* courses must contact ETV staff for prior approval to ensure proper school accreditation and that courses lead to a degree or recognized certificate program. Courses must apply to a student's academic degree or certificate program.





## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

**Note:** Students in DFPS paid foster care are eligible for the ETV program but may only use ETV funds for:

- Tuition and fees (if not already covered by the state college tuition and fee exemption).
- Books, computers, supplies, tools, uniforms, and specialized software.
- Other allowable expenses included in the cost of attendance (COA) that are not covered under extended foster care.

If the school's allowable COA for housing, utilities, food, or personal items exceeds what the student is being provided by their extended foster care placement, the student can use ETV funds for those costs as well.

**Apply for the ETV Program at:** <http://www.texasetv.com> or call toll free 877-268-4063.

### College Tuition and Fee Waiver

The college tuition and fee waiver provides exemptions from payment of tuition and fees at a Texas **state supported college or university** to individuals formerly in **Texas** state foster care and adopted youth. To be exempt from the payment of tuition and fees, youth or young adults must have been in DFPS conservatorship:

- the day before the student's 18<sup>th</sup> birthday;
- the day of the student's 14<sup>th</sup> birthday, if the youth was eligible for adoption (parental rights terminated) on or after that day;
- the day the student graduated from high school or received the equivalent of a high school diploma;
- on the day preceding the date the youth was adopted and the adoption occurred on or after September 1, 2009;
- on the day preceding the date permanent managing conservatorship (PMC) of the youth was granted to a non-parent if that date was on or after September 1, 2009.
- In addition, the following youth are eligible for the tuition and fee waiver: if a youth in DFPS conservatorship was returned to the legal responsibility of the parent at:
  - age 14 and older on or after June 1, 2016 and was in DFPS's *permanent* managing conservatorship; or
  - age 16 and older on or after June 1, 2016 and was in DFPS's *temporary* managing conservatorship; or
- when a student is enrolled in a dual credit course or other courses in which the student may earn joint high school and college credit and if tuition hasn't been waived. *Note: Youth enrolled in a dual credit course may enroll in the ETV program to have some education expenses covered.*

Youth or young adults must check with each school to ensure that the courses they are enrolling in are exempt from tuition and fees. Some vocational / certificate courses may not be exempt from tuition and fees. Young adults must be enrolled in a Texas state supported college or university **no later than their 27<sup>th</sup> birthday**.

*Adopted youth* who are subject to an adoption assistance agreement that provides monthly stipends and Medicaid benefits are eligible for the college tuition and fee waiver. For these students there is no age limit to enroll in college in order to take advantage of the tuition and fee waiver.

### [DFPS - State College Tuition Waiver](#)

Reference the *Texas Education Code*-Sec. 54.366 and 54.367 (2009) and Section 700.1630, Subchapter P of the Texas Administrative Code (2016).

### DFPS COLLEGE SCHOLARSHIPS

**Freshmen and Sophomore Success Scholarship** is for young adults formerly in DFPS foster care attending a Texas state-funded institution of higher education. This includes community colleges, colleges, universities, and Texas State Technical College. Application due dates are August 1 and November 1, prior to each semester.

Only students awarded the scholarship both semesters as a freshman may apply for the scholarship as a sophomore or as a 2nd year student at a Texas state-funded institution of higher education. Scholarships are \$1000 per semester or academic term or \$2000 for two semesters or academic terms.

### [DFPS - Other Educational Resources for Older Foster Youth](#)

### C. Ed Davis-PAL Scholarship (est. July 2012)

This scholarship is for basic non-tuition needs for former foster youth who are majoring in government, political science,

Transitional Living Services for Youth in Texas DFPS Foster Care

April 2025

history, or other pre-law field. Scholarships are for \$1,000 per academic year and are available to *sophomore, junior* or *senior* year students. More information about these scholarships is available at:  
[DFPS - Other Educational Resources for Older Foster Youth](#)



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

### College Resources for Foster Care Students

#### Temporary Housing Assistance between Academic Terms

Texas' institutes of higher education are required to assist full-time students formerly in DFPS conservatorship or who have been legally emancipated in locating temporary housing between academic terms (Christmas and summer holiday breaks). Students must request the housing assistance and are encouraged to inquire at financial aid offices, student affairs offices, admissions offices, or housing/residence life/residential living offices.

#### College Foster Care Student Liaisons

As of January 2016 each state supported college/university has appointed a foster care student liaison to help foster care students in coordinating college readiness and student success. Liaisons can help students navigate the college system and connect them to resources needed to achieve higher education goals. A list of liaisons is located at:

<https://reportcenter.highered.texas.gov/roster/> under "**CRS - CFAT - Foster Care Liaison Listing**".

#### Bacterial Meningitis Vaccine for Students Entering Post-Secondary Education

Students under age 30 entering a Texas institution of higher education must be vaccinated for bacterial meningitis. For DFPS foster youth, payments for doctor's visits and vaccination costs are covered by the **FFCC** Medicaid (STAR Health or STAR) program.

### Texas Medicaid-Former Foster Youth (18-25) and OTHER HEALTHCARE Former Foster Care

#### Children (FFCC) Program

The **FFCC** program provides continuous healthcare coverage through age 25 to young adults who age out of Texas foster care and are receiving Medicaid when they aged out. This population will receive healthcare services in two separate programs based on age;

- Young adults aged 18 through 20 will be enrolled in STAR Health but can switch to STAR upon request; and
- Young adults aged 21 through 25 will receive Medicaid through the STAR plan of their choice.

To be eligible for the FFCC program, the young adult must:

- Be age 18 through 25;
- Have been in Texas foster care on his or her 18<sup>th</sup> birthday or older OR have been in the foster care of another state on his or her 18<sup>th</sup> birthday occurring on or after January 1, 2023;
- Be receiving Medicaid when he or she aged out of Texas foster care; and
- Be a U.S. Citizen or be a qualified alien for example have an I-551 permanent resident card.

#### Medicaid for Transitioning Foster Care Youth (MTFCY)

Provides medical coverage to young adults age 18 through 20 who are not eligible for the FFCC program because they were not receiving Medicaid at the time they aged out of foster care. The following eligibility criteria apply:

- Be age 18 through 20 years of age;
- Have been in Texas foster care at age 18, or older;
- Have no other healthcare coverage;
- Meet program rules for income; and
- Be a U.S. Citizen or have a qualified alien status.

#### [DFPS - Medical Benefits](#)

#### Superior Healthplan-a2A CentAccount® Rewards Program (<https://www.fostercaretx.com>)

This program offers reward dollars of up to \$160 for members who complete wellness visits, dental check-ups and other health screenings for members ages 18 through 21 years old. Visit the Texas Youth Connection-HEALTH section for more information: <https://www.fostercaretx.com/for-members/transitioning-youth/a2a.html>

#### Your Texas Benefits

Young adults should be directed to use [YourTexasBenefits.com](https://YourTexasBenefits.com) including using the mobile app to manage their benefits at any time and place. The website and mobile app can be used to apply for and renew benefits and report changes such as an address update. STAR Member Helpful Numbers: **1-800-964-2777** or **1-866-912-6283**.





## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES

Revised **July 2025**

### Health Passport

The Health Passport is a computer-based system that has health data about youth and young adults in the STAR Health program. The Health Passport is not a full medical record. It has information on doctor and dentist visits, hospital stays, prescriptions and shot records. If a young adult wants access to their Health Passport visit:

<https://www.superiorhealthplan.com/login.html> NOTE: Young adults must register for their Health Passport before exiting foster care by using their Personal ID number that is available from the caseworker.

### 2-1-1 TEXAS

Young adults can call **2-1-1** to report any changes to an address, their case, check benefits, and request a Medicaid card.

The young adults should identify as a "former foster youth" and notify the staff that they are calling about the **Former Foster Care Children** or **Medicaid for Transitioning Foster Care Youth** programs. Additionally, **2-1-1** may be contacted for non-medical issues such as applying for food stamps and family medical assistance. Information is available at this link:

<https://www.211texas.org/211/>

### OTHER YOUTH/YOUNG ADULT RESOURCES

**Office of Consumer Affairs (OCA)** 1-800-720-7777 handles complaints about specific cases related to DFPS program policy. We are here to help you, and you can trust us to fairly review your complaints and provide a written response upon completing a review. The OCR takes complaints from the public including youth currently or formerly in foster care ages 18 and older. Information is available at this link:

[DFPS - Office of Consumer Affairs](#)

**Texas Youth Helpline** is a resource for youth, parents, siblings and other family members who are in need of a caring voice and a listening ear. Individuals may **call** or **text** the statewide hotline at 1-800-989-6884 or **chat** online for telephone counseling, information, and referrals. The hotline can help locate services available in local communities. More information is available at the [DFPS Texas Youth Helpline - Confidential Crisis Hotline](#) website.

**Youth Take Flight Instagram** is another source for youth and young adults to find current, relevant resources, information, trending topics, positive youth stories and inspiration to reach life goals beneficial to the youth and young adult's transition to a successful adulthood. Instagram allows DFPS to stay connected with youth and young adults using a popular social media site. The page is located at: <https://www.instagram.com/youthtakeflight/>

**Statewide Youth Leadership Council (YLC)** is comprised of two elected or appointed youth or young adults (ages 16 to 22) per region or catchment area for a total of 24 members. The purpose of the statewide YLC is to provide a forum for youth who are currently or were formerly in foster care to address identified issues and concerns about experiences in the DFPS foster care system and to make recommendations about improving services to children and youth in foster care. Upon request by CPS, the YLC reviews state policies and programs and provides feedback.

**Youth Specialists (alumni of foster care)** are hired as full time or part time employees in DFPS or SSCC regions, two are located at the DFPS State Office. Youth Specialists play a key role in the development and support of Youth Leadership Councils, ensure that the voices of foster youth are heard, and engage foster youth in advocating activities. Youth specialists also serve to help strengthen and support CPS casework by informing DFPS of initiatives and activities affecting policy and practice.

### National Youth in Transition Data Base (NYTD)

NYTD is a data collection system created to track independent living services and to learn how successful states are in preparing youth to move from foster care into adulthood. Texas surveys youth in foster care when they turn age 17 and conducts follow-up surveys of some of these same youth at age 19 and again at age 21. Every three years a new cohort of 17 year-olds is surveyed. [DFPS - National Youth in Transition Database \(NYTD\) in Texas](#)



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES Revised July 2025

### Employment Preference to Former Foster Youth

Texas state agencies are required to give an employment preference to former foster youth (in the PMC of DFPS on the day preceding the young adult's 18<sup>th</sup> birthday) over other state applicants for the same position who do not have a greater qualification. An individual is entitled to an employment preference only if the young adult is 25 years of age or younger (day before turning 26). PAL staff will issue the employment preference letter to eligible young adults when they turn 18 or upon request. [10300 Post-Secondary Education Programs](#)

### Email Address for Youth

PAL staff or SSCC equivalent must enter email addresses in *Person Detail* in IMPACT for each youth from their region or catchment area within 60 days after turning age 14 or within 60 days after coming into foster care if they are already over age 14. A youth must have an email address to receive encrypted copies of their documents and records, even after they leave conservatorship. If a youth has a severe intellectual or developmental disability and will not be able to read or understand how to use an email, a caregiver email address may be obtained and entered for purposes of receiving copies of the youth's documents and records. A comment must be included in *Person Detail* when a caregiver address is used.

[6400 Services to Children in Substitute Care](#)

### Partnerships

**Transition Centers** provide one-stop services to serve the diverse needs of youth and young adults currently or formerly in foster care, homeless youth, or other at-risk youth. Services may include employment assistance, educational support, access and referrals to community partners and resources and various transitional living services such as PAL life skills training classes, food and housing assistance, and substance abuse / mental health counseling. Transition Centers also provide co-location opportunities for local partners such as local Workforce Solutions staff, TWC funded Workforce Advocates, and colleges and universities to jointly serve the diverse needs of the youth in one location. Currently, there are 18 Transition Centers which are independently funded, operated and supported by partnerships between DFPS, their Providers, community partners and the Texas Workforce Commission (TWC). A list of these Centers with contact information is available at the Texas Youth Connection Contacts page: [DFPS - Transition Centers](#)

### Youth Housing Services and Program

The Youth Housing Services and Program provides information to help youth transitioning from foster care to a successful adulthood learn about housing and rental assistance options. For eligible young adults (18 to 24) housing rental assistance vouchers should be a top priority.

The goal of the Youth Housing Services and Program at DFPS (Transitional Living Services) is to house as many young adults as possible, and to end homelessness for those transitioning from foster care to a successful adulthood. Providing information and support regarding targeted housing vouchers and rental assistance programs throughout Texas is the primary focus to achieve these goals.

Public housing authorities across the state provide rental assistance through housing vouchers. Two of these vouchers may be available in certain parts of the state to youth transitioning from foster care to a successful adulthood and who are at risk for homelessness. These vouchers are the **Family Unification Program (FUP) Voucher**, and the **Foster Youth to Independence (FYI) Voucher**.

The Texas Department of Housing and Community Affairs also operates a **Project 811 Rental Assistance Project**. This is another option available for youth transitioning from foster care to a successful adulthood with **disabilities**.

For information about participating Public Housing Authorities, Project 811 availability, and Eligibility Requirements, contact Jim Currier at [jim.currier@dfps.state.gov](mailto:jim.currier@dfps.state.gov)

General Information: [DFPS - Youth Housing Program - Transition Aged Youth \(TAY\)](#)



## BRIEF OVERVIEW OF TRANSITIONAL LIVING SERVICES Revised July 2025

**Texas Workforce Commission/Local Workforce Boards/Transition Centers and DFPS Partnership:** 1) DFPS State Office and Texas Workforce Commission and 2) DFPS regional offices, 28 local Workforce Development Boards and local Transition Centers have jointly developed and entered into agreements addressing the unique challenges facing youth and young adults currently or formerly in foster care transitioning to a successful adulthood, including improving employment outcomes for *these youth and young adults*. The purpose of these MOU's relates to:

- Furthering the objectives of the DFPS Preparation for Adult Living (PAL) program;
- Ensuring job readiness, career exploration, employment, training and other related services such as internships, apprenticeships and vocational rehabilitation are prioritized and targeted to meet the needs of youth currently or formerly in foster care; and
- Making referrals, where feasible, for short term housing for foster youth who need housing.

DFPS staff, Workforce Advocates at Transition Centers, caregivers, and PAL contractors refer youth ages 16 and older to local *Texas Workforce Solutions* office's for job search and readiness assistance, career exploration, and employment and training services. Each Board has designated a point of contact for staff and youth to access for assistance and services. All youth and young adults are encouraged to register in the state job search system [www.WorkInTexas.com](http://www.WorkInTexas.com). For more information about foster care programs at Texas Workforce

Commission: <https://www.twc.texas.gov/partners/foster-care-programs>

**Texas Workforce Commission Vocational Rehabilitation Services** are designed to remove a barrier to obtain or maintain employment for a student with a disability ages 14-22. In most cases, the services provided to transition students fall into one of these 5 Pre-Employment Transition Services (Pre-ETS) categories:

- ☐ **Career Exploration counseling**, making informed choices about various job opportunities
- ☐ **Work-Based Learning experiences**, which include in-school and after school-work opportunities
- ☐ **Job Readiness training**, to develop social skills and independent living
- ☐ **Counseling on postsecondary training**, or other comprehensive transition opportunities
- ☐ **Instruction in Self-Advocacy**, ability to effectively communicate, convey, negotiate or assert his/her own interests and/or desires

High School Vocational Rehabilitation Liaison Counselors, Workforce Advocates at Transition Centers, or PAL staff can help get youth and young adults connected to these services. For more information go to:

<https://www.twc.texas.gov/jobseekers/vocational-rehabilitation-services>

### Financial Pilot with Capitol Credit Union

DFPS entered into an agreement with Capitol Credit Union to assist youth and young adults ages 14-21 to achieve financial security and independence as they transition to a successful adulthood. This will be accomplished by assisting youth and young adults in establishing savings and checking accounts through a three-tier system, based on the age of the youth or young adult.

Youth and young adults who participate in the pilot gain these benefits:

- Sole ownership of the account
- No co-signer
- No monthly fees
- No maintenance, overdraft, non-sufficient fund or penalty fees
- Financial online training with incentives
- Financial mentoring available

[DFPS - Youth and Young Adults - Financial Pilot](#)

[6400 Services to Children in Substitute Care](#)